

## Training activities

Extending Social Educators Competences/ ESEC Nr. 2018-1-PL01-KA204-051126

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### Premise

The Coronavirus COVID-19 pandemic forced JKPU to change the modality of the training course.

Initially, according to the ECEC proposal, the training course was articulated as follows:

1. Learners (20 participants, 20 hours face-to-face lessons; 30 hours distance learning lessons) will be taught about parent training.
2. Learners, in 4 small groups, will design, organize, and run a parent training course (15 hours face to face lessons, 50 hours of distance learning).

Since it was impossible to deliver face-to-face lessons, JKPU organized the training course using distance learning and e-learning modality, preserving the course's original structure. The training course was held in English and Polish language.

### Participants

24 social educators/social workers participated to the online training course.

Participants have been selected according to:

- Their interest in the topic of parent-training;
- Their availability;
- Access to a computer and the internet;
- Using English at least on the level B1 or mixed groups where some of them know English well;

### Organization of the online training course

All partners collaborated in preparing the learning units used in the training course.

(JKPU) prepared 3 e-learning units:

- The Project course on Reducing Stress.
- The Project course on Communicating with Other Parents.
- The Project course on Communication with professionals and educators.

JKPU's employee - Marek Kawa Phd organized educators/social workers who wanted to take part in the course; he helped them in understanding the given units of the courses interpreting English terms and version into Polish. The e-learning units were uploaded into the Moodle system according to the requirement of the Rezekne Academy of technologies.

JKPU organized lectures in distance learning modality, using mostly Skype. Power-point slides have been prepared for distance learning lectures.

Participants have been divided into 4 smaller groups in order to manage interactivity with them and respond to the needs of those that cannot participate in the morning sessions. Indeed, in some cases, in the morning, the same computer was shared for parents' smart working and distance learning of children.

The same distance lectures were held in the morning and the evening.

The distance learning lectures were of two hours of 45 minutes.

Exercises were organized, dividing the participants into smaller groups, and giving them tasks to perform together. Tasks were:

- Searching on the internet parent training materials to realize a short report.
- Organizing a parent-training event using the didactic materials of the training course.

Educators supported the groups of learners.

### **Training course agenda**

The training course activities started on May 18 2020 and finished on June 9 2020.

Distance learning lectures have been organized in the following days:

May 13, May 14, May 18, May 19, May 21, May 22, May 27, June 5,

From May 13 to May 28, learners learned the e-learning units on the Moodle system.

From May 28 to June 9, learners worked in groups to apply the acquired knowledge:

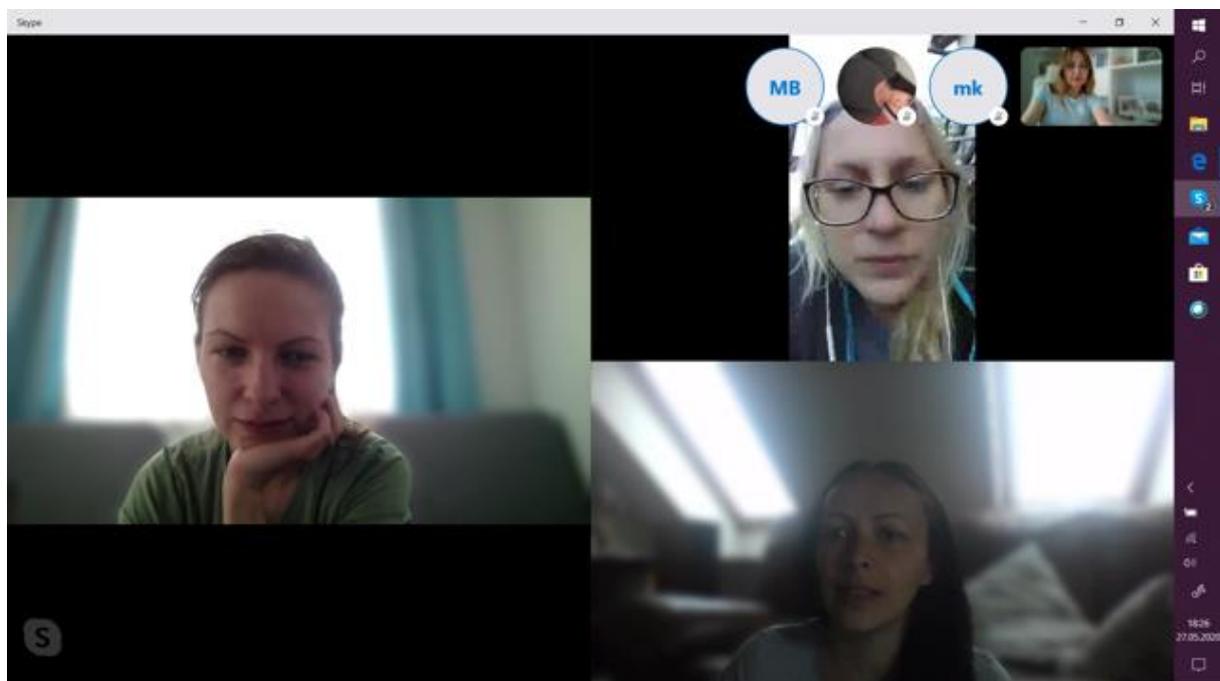
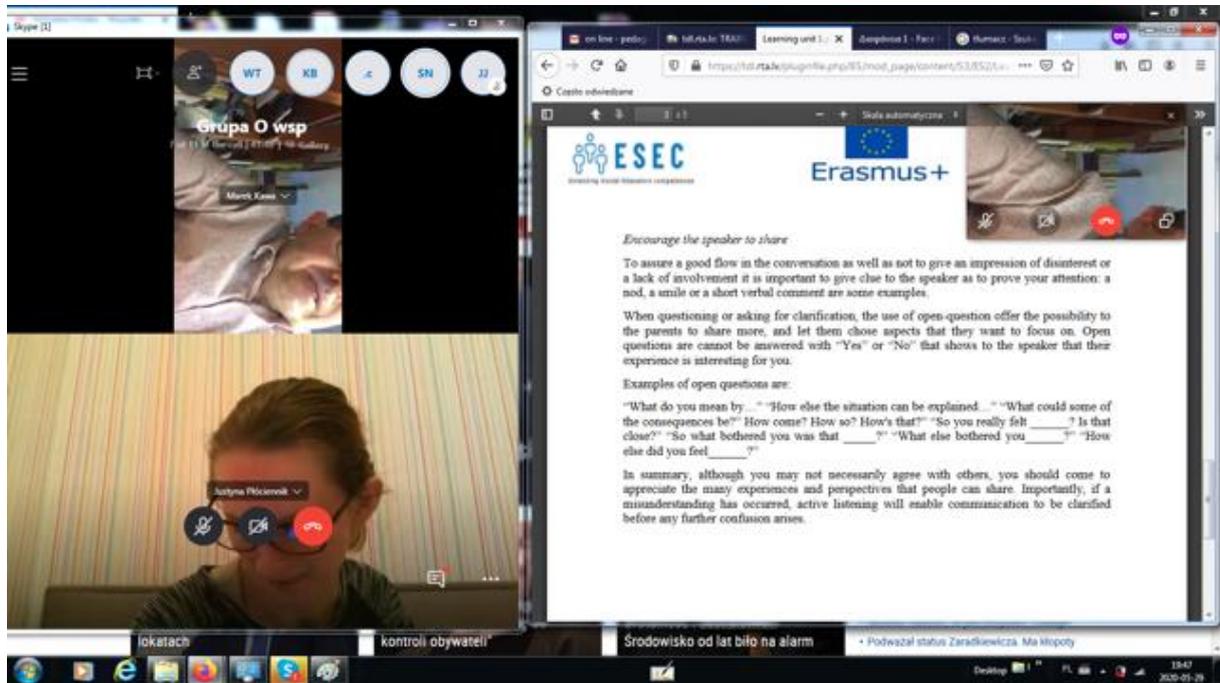
- To write a final tasks using the internet and respond to tasks and activities of unit contents;
- To prepare a proposal for a parent-training event.

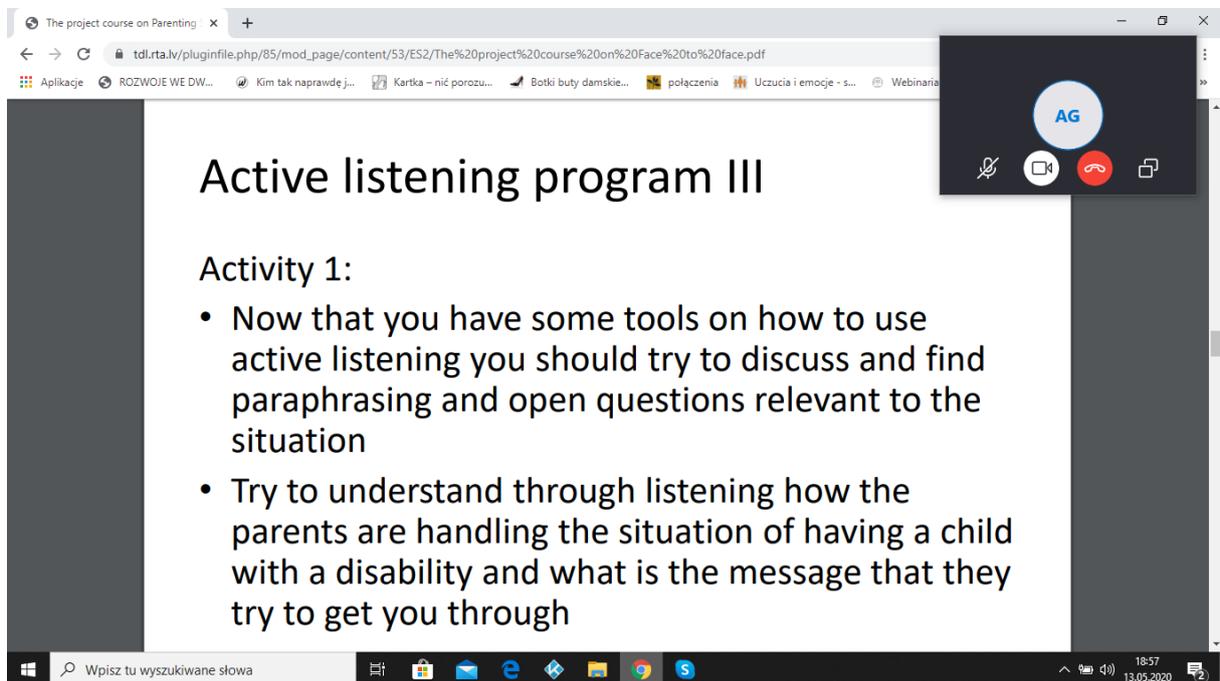
## Topics and participants

The participants of the ESEC chose the particular topics of courses:

1. Emilia Szczepkowska, Emotional Interaction
2. Joanna Kasenko (z1), The Project course on Communication with professionals and educators.
3. Elżbieta Grudzińska, Family Disruption.
4. Dominika Gontarczyk, Reducing stress.
5. Ilona Zalewska, The project course on Family Disruption.
6. Weronika Barwańska, The Project course on Reducing Stress.
7. Karina Rosiak, Preventing and responding to sexual abuse of disabled children.
8. Anna Soból, Marta Chojnacka, Parent-training and evaluation processes.
9. Karolina Łyszkowska, Emotional Interaction.
10. Patrycja Jachimek, The project course on Emotional Interaction.
11. Agnieszka Skiba, Motivating Parents self care.
12. Anna Radziszewska-Frontczak, The project course on Family Disruption.
13. Justyna Janiewicz, Motivating Parents self care.
14. Wiktoria Tadaejska, Motivating Parents self care.
15. Agata Grzegorek, Emotional Interaction.
16. Ewa Kozłowska, Karolina Kucharczyk, Emotional Interaction.
17. Klaudia Pokora, Emotional Interaction.
18. Karina Piotrowska, The project course on Emotional Interaction.
19. Katarzyna Szybisz, Preventing and responding to sexual abuse of disabled children.
20. Anita Pokora, ...
21. Olesia Mulova
22. Maja Karczewska, Emotional Interaction.

## Training course pictures





The screenshot shows a web browser window with a presentation slide. The slide title is "Active listening program III". Below the title, it says "Activity 1:" followed by two bullet points. The browser's address bar shows a URL from tdl.rta.lv. The Windows taskbar at the bottom shows the date as 13.05.2020 and the time as 18:57.

## Active listening program III

Activity 1:

- Now that you have some tools on how to use active listening you should try to discuss and find paraphrasing and open questions relevant to the situation
- Try to understand through listening how the parents are handling the situation of having a child with a disability and what is the message that they try to get you through



The screenshot shows a Skype video conference with four participants in a 2x2 grid. A chat window is open on the right side, displaying messages in Polish. The messages include a greeting, a meeting start notification, a link to a training page, and a video thumbnail. The Windows taskbar at the bottom shows the date as 13.05.2020 and the time as 18:51.

Skype

Czat

Spokojnie tym wyznacznikiem proszę się nie przymować

18:01

Rozpoczęto rozmowę

18:11

tdl.rta.lv: TRAININ...  
<https://tdl.rta.lv>

18:22

Nieprzeczytane wiadomości

18:52

Active listening program III

Wpisz wiadomość

