



Erasmus+ project “Extending Social Educators Competences” ESEC  
Project Nr. **2018-1-PL01-KA204-051126**

## **Course program**

**Latvia, May 19 – June 3, 2020.**

**The aim:** to extend and develop the current competence and skills of both social educators and support teachers; consolidate their knowledge and skills obtained during the ESEC project.

### **The participants will:**

Cover the educational program that tackles theoretical and practical issues, related to parent-training practices and based on synthesis of teacher professional education, research, and social development.

This course accentuates specific themes for parents of children with behavioral disabilities, trains in practical use of the acquired knowledge during the project.

The course is designed for application and demonstration of the evidence-based success in parenting science, its theoretical statements and practice.

### **The content:**

1. Parenting science: theory and practice.
2. Communication with parents and parent communication with children in a family
3. Emotional interaction
4. Reducing stress
5. Family disruption
6. Motivating parent self-care
7. Parent training and motivation

